



List of Feelings Words

Angry	Frustrated	Pleased
Anxious	Giggly	Proud
Calm	Glad	Resentful
Cautious	Guilty	Sad
Curious	Happy	Satisfied
Confident	Hopeful	Scared
Confused	Hurt	Tearful
Contented	Insecure	Tense
Defensive	Invigorated	Thrilled
Disappointed	Jealous	Uneasy
Distressed	Joyful	Unsure
Eager	Longing	Weary
Elated	Lost	Wistful
Excited	Low	Worried
Enthusiastic	Numb	

This pdf is a resource for the book:

[7 Questions Highly Confident People Ask Themselves](#)

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