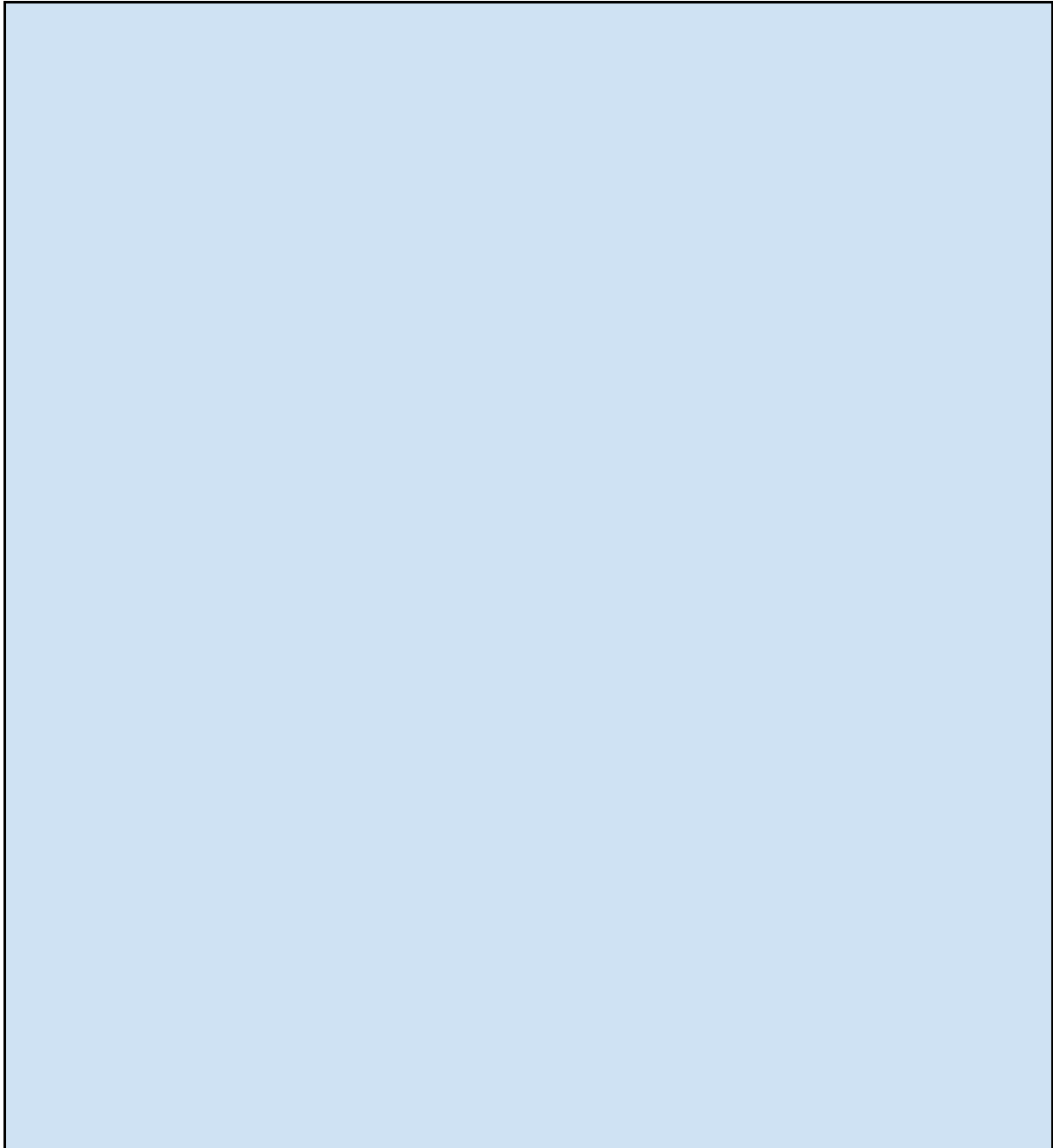


Intentional Life Plan

Identifying Your Rewards

This section of your Intentional Life Plan consists of five questions. Take as much time as you need to fill in your answers. You can return and revise this section whenever you want.

1. For me, leading an intentional life means:



2. *The result of not leading an intentional life is:*



3. *Being more assertive will increase my confidence because:*

A large, empty rectangular box with a light blue background and a black border, intended for writing an answer.

4. *Being more assertive will help my relationships because:*



5. *Being more assertive means that I will be able to achieve:*

